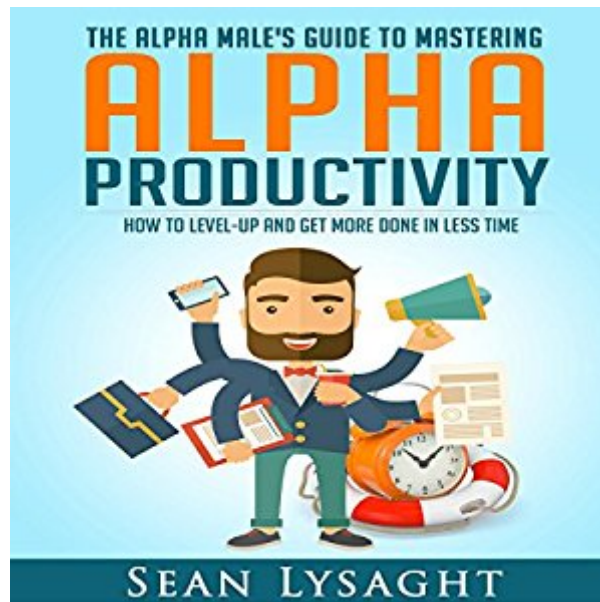


The book was found

# Alpha Productivity: The Alpha Male's Guide To Time Management



## Synopsis

Find Out the Real Reason Why You Aren't Productive And it's not what you think.... This book asks you the tough questions: What kind of man procrastinates on giving his gift in life? Answer: no man. If you are constantly putting things off or pushing them until tomorrow (i.e., never) then you are still a child. You haven't reached real manhood yet. This book takes a part evolutionary, part social conditioning look at the diseases of procrastination and laziness and why so many men are suffering from them today.

## Book Information

Audible Audio Edition

Listening Length: 57 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Sean Lysaght

Audible.com Release Date: April 11, 2016

Language: English

ASIN: B01E0GC6JC

Best Sellers Rank: #4 in Books > Politics & Social Sciences > Philosophy > Movements >

Structuralism #143 in Books > Business & Money > Skills > Time Management #212 in Books

> Audible Audiobooks > Nonfiction > Philosophy

## Customer Reviews

The word standing out in this book is "procrastinating". Reading through it makes so much sense, and the writer focuses on this word because it is the main reason for us not spending or managing our time efficiently. It is not just a guideline that focuses on different methods on how to manage your time better, but rather a book that tells you why you are not managing your time correctly. It is almost like a slap in the face...it immediately gets your attention, and then helps you up by giving guidelines on how to change your life. The book completely changed my view on time management in a very positive way.

I had my share of reading books and articles just to make myself productive, all of them, I can honestly say helped me improve little by little, but none of them woke me up the way this one did. Now I understand myself that I am not really a loser, I just need to fix and adjust some things in my life. After reading, I assessed myself and I realized that I have so much time to accomplish many

things, I just didn't know how to manage my time. I find this book really effective and unique.

This book is complete guide to be productive without waste your time. To me manage my time has been always hard, this book teaches a lot of tips that you can use to use your time to the best way! I always think "If we have 24 hours, Why the day ends so fast? The answer is you wasted and I wasted too! I will follow all this tips I need to use my time. Great Job Sean Lysaght

Not much substance here. General ideas and not much if anything new. I WANTED it to be worthwhile, but it wasn't.

This isn't worth the \$. Too gender specific and way too general advice.no better than googling.

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